

10 Things Singers Do To **RUIN** Their Voice & Career

Never Practice

Assume "Pretty Good" is enough

Don't breathe properly

Break the voice in two (head & chest)

Imitate a favorite singers voice

Believe "You either got it, or your don't"

Don't Warm up

Assume vocal techniques will destroy their style

Strain their voice too much

Sit around and wait to get discovered

**Never Practice** - This one is pretty self explanatory. You've got to be practicing to improve your singing. Period. Most great teachers recommend 30-45 minutes a day. You can't expect to just open your mouth and be great.

**Assume "Pretty Good" is enough** - Most professional singers start out very good, but keep practicing until they're incredible. If you're looking to be the best singer you can possibly be, you're going to have to really push yourself.

**Don't Breathe Properly** - This is the biggest tweak you can make to immediately transform your singing. If you haven't seen my post all about breathing, as well as posture, you can check it out [HERE](#).

**Break The Voice In Two** - Some teachers teach singers to break their voice into two pieces. Head voice and Chest voice. Using your "head voice" for high notes, and your "chest voice" for deep powerful notes. Stay away from this as much as you can. Once you have learned to do this, it is very difficult to repair it.

**Imitate a Favorite Singers Voice** - This technique can be good to get started, but if you continue this it can rob you of your own style. The best way to get noticed is to have your own style and unique sound.

**Believe "You either got it, or you don't"** - So many people don't even try to become great singers because they feel they sound terrible and don't have what it takes. This is completely absurd. I have never come across an individual that didn't have what it took to be a great singer. So if you believe that you "don't got it", you're only kidding yourself.

**Sit around and wait to get discovered** - You've got to get your music out there. You can't just wait for someone to come knock on your door looking to sign you. With YouTube alone, you have great opportunities to get your music heard, but you must be actively adding videos out there. Don't just sit around.

**Straining Your Voice** - When your voice has had enough, you've got to stop and give it time to rest. Many times I will meet people who have pushed themselves too hard, and seriously regret it. When you feel your voice is starting to strain, its time to let it rest awhile.

**Assume Vocal Techniques will Destroy Their Style** - You must learn to use proper singing techniques, and deliver your own style. Don't assume that this is impossible, because it's done all the time.

**Don't Warm Up** - This is often over looked. If you want the best voice to come from your mouth, you've got to warm up first. Don't go into a rehearsal, or performance not warmed up. A great video of some vocal warm ups can be found [HERE](#)

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